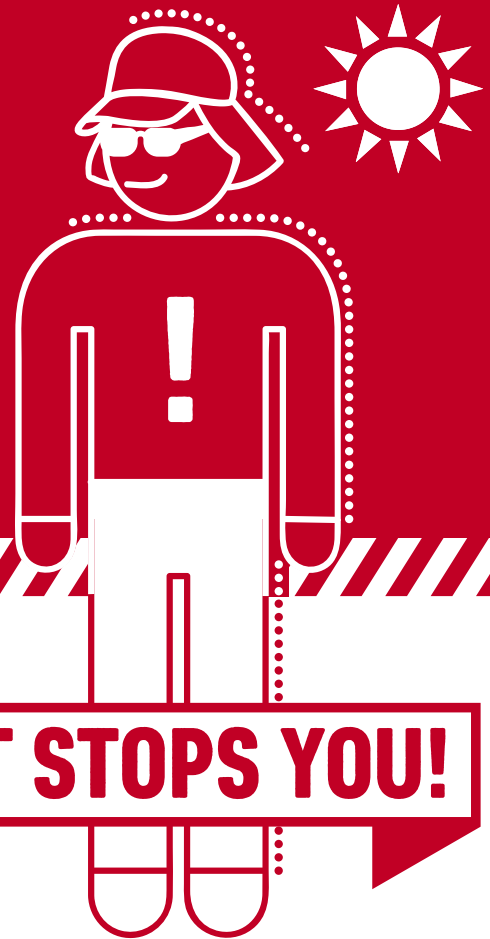
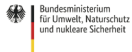


**You work outside?
This can be
very dangerous
during summer!**



STOP THE RISK BEFORE IT STOPS YOU!

Gefördert durch:



aufgrund eines Beschlusses
des Deutschen Bundestages



European Migrant
Workers Union

© eww

Europäischer Verein
für Wanderarbeiterfragen



SVLFG



Industriegewerkschaft
Bauen-Agrar-Umwelt



PECO - Institut

www.stoprisiko.de

1

Working conditions under an open sky

Because you work outdoors, you're more at risk than others.

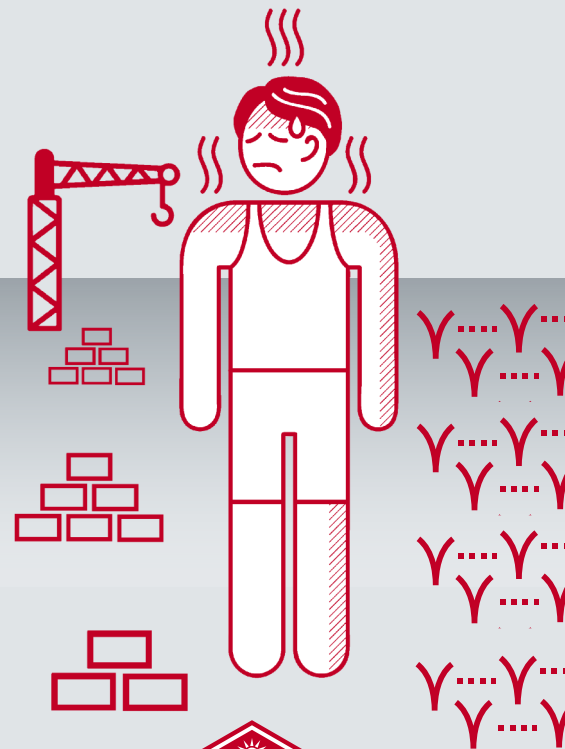
April to October 

It gets very hot and UV radiation is particularly intense. This can endanger your health.

- Sunburn
- Premature aging of the skin
- Skin cancer
- Eye damage
- Dehydration
- Sunstroke
- Heat stroke

Long-lasting heat periods and air pollution lead to high ozone levels. This can cause eye and respiratory irritation.

Risks:



STOP RISIKO!

2

You can protect yourself!

Note the following rules:

- Thin clothing made from cotton
- Cover as much skin as possible
- Wear a hat or cap with neck guard
- Apply sun cream with a high sun protection factor – do not forget your ears, nose, and lips.
- Apply and repeat in good time
- Wear sunglasses with side protection

Your skin does not forget, and it does not forgive!

Rules:



STOP RISIKO!



Your workplace must be safe!

Your employer bears responsibility for this!

Protect yourself with the following measures:

- Shade the work area, e.g. with a sun sail or similar
- Do not carry out heavy work at noon
- Spend breaks in the shade
- Take short breaks regularly
- Think ahead of time about the water supply for the day

IMPORTANT: Drink plenty of water - more than 3 liters per day.

Rules:



STOP RISIKO!

4

First aid during emergencies

What to do if you or others are unwell?

Call 112 in an emergency - An emergency is, ...

- Someone falls over
- Symptoms like bright red head, weakness, dizziness, nausea, and headache
- Fever

How can YOU provide first aid?

- Get out of the sun
- Drink water - but in small quantities
- Lay in the shade
- Put up your feet during a period of dizziness
- Place moist and cool towels on forehead, neck, and legs



**Call 112 in
an emergency!**

What else?!

You should show your doctor any abnormal skin changes.



**MORE INFORMATION ONLINE:
www.stoprisiko.de**



Your right to a safe place to work ...

... even under an open sky

According to § 3 of the law on occupational health and safety, your company is obliged to carry out a risk assessment for outdoor workplaces. Then it must offer technical and organizational measures to protect against work-related dangers and inform you about personal measures. This also applies to hazards caused by UV radiation and ozone.

Your employer is not interested in your health? Talk to your colleagues and contact the trade union or the advice centers for migrant workers!



STOP RISIKO!

www.stoprisiko.de

**Further information?
Need support?
Let us advise you:**

**IG BAU –
Industriegewerkschaft
Bauen – Agrar – Umwelt**

www.igbau.de

**EVW – European Migrant
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